

The Anglian League was formed on the 27th October 1968 when representatives of Cambridgeshire, Leicestershire, Lincolnshire, Norfolk, Northamptonshire and Suffolk agreed the format and rules for an annual programme of league matches to commence the following year.

The Second Team League was introduced in 1977.

Each County field a team of eight players with four foursome matches played in the morning followed by eight singles in the afternoon. All games are played off scratch. One point is awarded for a win with half a point for a halved game. Twelve points are available in each match.

Two points are awarded for a match win with one point for a halved match.

Each County plays home or away against each of the other Counties with the fixtures reversed the following year.

The Anglian League introduced a Junior Boys Championship in 1980.

Qualifiers are held in the east (Suffolk, Norfolk and Cambridgeshire) and the west (Leicestershire, Lincolnshire and Northamptonshire) with the winners of each section progressing to a final. Matches are played on the same format as the Anglian League with venues for both the qualifiers and final rotating around the respective Counties on an annual basis.